

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Current Topic B 1 11:00 Walking Group 1:30 Sunday Tailgate T 2:00 Sunday Social with Gregg Bacon S 7:00 Movie T	10:00 Senior Functional 2 Training FC \$ 10:30 Weekly Chronicle D 11:00 Seated Stretch FC 1:30 Rock Steady Boxing FC \$ 4:00 Happy Hour B 7:00 Movie T	10:00 Functional 3 Balance FC \$ 10:30 TED Talk T 1:00 Out & About: Kroger of Nora/Whole Foods <b>*sign-up</b> 1:30 The Climb FC \$ 7:00 Movie T	<b>Cookie Day</b> 4 10:00 Range of Motion Stretch Therapy FC \$ 10:30 In the kitchen B 1:30 Rock Steady Boxing \$ 2:00 Walking Group 4:00 Happy Hour B 7:00 Movie T	10:00 Functional Balance 5 FC \$ 11:30 Tian Fu Asian Bistro 1:30 Rock Steady Boxing FC \$ 2:00 Jigsaw Puzzles L 7:00 Movie T	10:00 Senior Functional 6 Training FC \$ 10:30 Decorate for Hanukkah B 1:30 The Climb FC \$ 3:00 Happy Hour B 4:00 Shabbat Service C 5:00 Shabbat Dinner S 7:00 Movie T	10:30 Shabbat Services C 7 11:00 Violin Concert with Ginny Womack S 2:00 Bingo S 7:00 Movie
10:30 News Review B 8 11:00 Walking Group 1:30 Sunday Tailgate T 3:00 String Recital C 7:00 Movie T	10:00 Senior Functional 9 Training FC \$ 10:30 Weekly Chronicle D 11:00 Seated Stretch FC 1:30 Rock Steady Boxing FC \$ 4:00 Happy Hour B 7:00 Movie T	9:00 Out & About: First Watch <b>*sign-up</b> 10 10:00 Functional Balance FC 1:30 The Climb FC \$ 2:00 Welcome Committee B 5:45 Mitzvah Stitchers L	<b>Mac n Chz Day</b> 11 10:00 Range of Motion Stretch Therapy FC \$ 10:30 Cookie Baking B 1:30 Rock Steady Boxing 2:00 Walking Group 4:00 Happy Hour B 7:00 Movie T	10:00 Functional Balance FC \$ 12 10:30 Out & About: Casino <b>*sign-up</b> 1:30 Rock Steady Boxing FC \$ 2:00 Out & About: Nora Corners Shopping Center 7:00 Movie T	10:00 Senior Functional 13 Training FC \$ 10:30 Scarf Creations B 1:30 The Climb FC \$ 3:00 Happy Hour B 4:00 Shabbat Service C 5:00 Shabbat Dinner S 7:00 Movie T	10:30 Shabbat Services C 14 2:00 Bingo S 7:00 Movie
10:30 Current Topic B 15 11:00 Walking Group 1:30 Sunday Tailgate T 2:00 Sunday Social with Nicole Bridgens S 7:00 Movie T	10:00 Senior Functional 16 Training FC \$ 10:30 Weekly Chronicle D 11:00 Seated Stretch FC 1:30 Rock Steady Boxing FC \$ 4:00 Happy Hour B 7:00 Movie T	10:00 Functional Balance FC \$ 17 10:30 Group Games B 1:30 The Climb FC \$ 1:30 Out & About: Pharmacy & Bank <b>*sign-up</b> 7:00 Movie T	<b>Wear Red Lipstick Day</b> 18 10:00 Range of Motion Stretch Therapy FC \$ 10:30 Winter Treats B 1:30 Rock Steady Boxing \$ 2:00 Walking Group 4:00 Happy Hour B 7:00 Movie T	10:00 Functional Balance FC \$ 19 10:30 IHC Preschool S 1:30 Rock Steady Boxing FC \$ 2:00 Chat with CEO T 7:00 Movie T	10:00 Senior Functional 20 Training FC \$ 10:30 Chai Mitvah D 1:30 The Climb FC \$ 3:00 Happy Hour B 4:00 Shabbat Service C 5:00 Shabbat Dinner S 7:00 Movie T	<b>First Day of Winter</b> 21 10:30 Shabbat Services C 2:00 Bingo S 4:00 Fireside Chat 7:00 Movie
10:30 TED Talk B 22 11:00 Walking Group 1:30 Sunday Tailgate T 2:00 Sunday Social S 4:30 Family Menorah Lighting S 7:00 Movie T <b>Hanukkah Begins</b>	10:00 Senior Training \$ 23 10:30 Weekly Chronicle D 11:00 Seated Stretch FC 1:30 Rock Steady Boxing \$ 4:00 Happy Hour B 4:30 Light the Menorah at JCC 7:00 Movie T	10:00 Functional Balance FC \$ 24 1:30 The Climb FC \$ 2:00 Chocolate Social B 4:30 Family Menorah Lighting S 7:00 Movie T	10:30 Wintry Word Puzzles & Games B 25 2:00 Winter Movie & Popcorn B 4:00 Happy Hour B 4:30 Family Menorah Lighting S 7:00 Movie T	10:00 Functional Balance FC \$ 26 11:00 Winter Trivia B 1:30 Rock Steady \$ 2:00 Group Games B 4:30 Menorah Lighting 7:00 Movie T	<b>Fruitcake Day</b> 27 10:00 Functional Training FC 10:30 Planning Committee B 1:30 The Climb FC \$ 3:00 Happy Hour B 4:00 Shabbat Service C 4:30 Menorah Lighting S 5:00 Shabbat Dinner S 7:00 Movie T	10:30 Shabbat Services 28 2:00 Bingo S 4:30 Family Menorah Lighting S 7:00 Movie
10:30 Viral Videos T 29 11:00 Walking Group 1:30 Sunday Tailgate T 2:00 Sunday Social S 4:30 Family Menorah Lighting S 7:00 Movie T	<b>Hanukkah Ends</b> 30 10:00 Senior Functional Training FC \$ 10:30 Weekly Chronicle D 11:00 Seated Stretch FC 1:30 Rock Steady Boxing \$ 4:00 Happy Hour B 7:00 Movie T	<b>New Year's Eve</b> 31 10:00 Functional Balance FC \$ 10:30 New Year's Resolutions & Year in Review B 1:30 The Climb FC \$ 2:00 New Year's Eve Bash with Rhythm 8 Band S 6:00 New Year's Rockin' Eve T	<h1>DECEMBER 2019</h1> <h2>KRAFT COMMONS</h2>			

All Activities Are Subject To Change.

Calendar Key: S=Social Hall T=Theatre D=Hooverwood Dining Room B=Bistro C=Chapel FC=Fitness Center